Sleep School Overview

United Sleep Medicine is proud to be one of the few sleep medicine practices in the country that is an Accredited A-STEP provider for education and training for Sleep Technologists. We offer beginning training and continuing education for sleep care providers and technologists. Our classes include Board Prep, Scoring and PAP Titration in addition to the Fundamentals.

Our classroom is located in Charlotte, North Carolina and offers the perfect size classroom to encourage a more personal training environment.

Is this right for you?

Do you wonder if this is right for you? It is if…

- You are interested in starting a career as a sleep technologist
- You are seeking knowledge on preparing for your Board Exams to become a registered Polysomnographic Technologist
- Need continuing education credits or want to expand current medical education.

UNITED SLEEP MEDICINE

A-STEP Fundamental Course

This course consists of 95 hours, above and beyond, the didactic training recommended by the American Academy of Sleep Medicine (AASM). The participant can elect to add a month clinical rotation for an additional fee. The attendee will learn the essentials necessary to promote an understanding of the basic principles of polysomnography, sleep disorders and the role of the sleep technician. Attendees who successfully complete the course proceed to begin the AASM A-STEP Self Study Modules.

Clinical Rotation

This four-week practicum prepares the beginning technician with hands-on training under the direct supervision of an RPSGT...critical experience when interviewing for that first job!

Two Day Board Prep Course

This two-day widespread review course is intended to offer the attendee a comprehensive understanding of the BRPT examination content. The course will provide insight into exam structure, content material and techniques to successfully navigate the Polysomnographic Technologist Board Exam.

Two Day Scoring Course

This two-day course contains an updated review of AASM scoring of sleep and associated events. This includes sleep staging guidelines, respiratory, EEG arousals and PLM event rules. The attendees will spend a complete day applying the learned rules as they practice scoring a polysomnogram with feedback provided by the educator.

PAP Titration Course

During this one-day course, attendees will learn the application of PAP therapy based on both didactic instruction and case studies. The course will consist of education on CPAP, Bi-Level and split-night studies, demonstrating how to adequately titrate pressures, while taking into consideration diverse disease processes.

Advanced Concepts

This course is designed for the RPSGT ready for an update on pathophysiology, technology, legislation and a glimpse of the direction in which our profession is headed.

Register Today!

Sign up for:	Date	Price
□ A-Step Fundamental Course		$3000
□ Clinical Rotation		$1000
□ 2 Day Board Prep Course		$399
□ 2 Day Scoring Course		$399
□ PAP Titration Course		$199
□ Advanced Concepts		$199

Name

Address

Phone

E-Mail

Method of Payment:

□ Check □ Mastercard

□ Cash □ American Express

□ Visa

Credit Card No. Expire Date

Signature

Registration with payment deadline is two weeks prior to start of program.

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